

CROSS CUP SAMLET 2019-2020

| | | CUP 1 | CUP 2 | CUP 3 | CUP 4 | CUP 5 | Samlet |
|---------------------------------|------------------------|----------------|-------|-------|-------|-------|--------|
| Piger 5-9 (2011-2015) | | | | | | | |
| 1. | Elivira Nowak Råbygård | Strandløberne | 10 | | | | 10 |
| Piger 10-11 (2009-2010) | | | | | | | |
| 1. | Felicia Novak Råbygård | Strandløberne | 10 | 10 | 9 | 9 | 38 |
| 2. | Lærke Pelsen | Viking Atletik | | 10 | 10 | | 20 |
| 3. | Lea Camille Bøg-Jensen | Viking Atletik | | | 8 | | 8 |
| Piger 12-13 (2007-2008) | | | | | | | |
| 1. | Liva Green-Landin | Nyvest Atletik | 9 | 10 | 10 | 9 | 38 |
| 2. | Dagmar Espersen | Strandløberne | 10 | 9 | 9 | 10 | 38 |
| 3. | Tilde Bach Jensen | Viking Atletik | | | | 8 | 8 |
| Drenge 5-9 (2011-2015) | | | | | | | |
| 1. | Vitus Green-Landin | Nyvest Atletik | 9 | 10 | 10 | 10 | 39 |
| 2. | Arthur Elleby | Viking Atletik | 10 | | | | 10 |
| Drenge 10-11 (2009-2010) | | | | | | | |
| 1. | Aske Green-Landin | Nyvest Atletik | 10 | 10 | 10 | 10 | 40 |
| 2. | Victor Dahl Mattebjerg | Strandløberne | | 9 | 7 | 9 | 25 |
| 3. | Matti Pelsen | Viking Atletik | | | 8 | 8 | 16 |
| 4. | Alexander Kristiansen | Viking Atletik | 9 | | | | 9 |
| 5. | Aksel Schow | Strandløberne | | | 9 | | 9 |
| 6. | Gabriel Egede Hansen | Viking Atletik | 8 | | | | 8 |
| Drenge 12-13 (2007-2008) | | | | | | | |
| 1. | Emil Juul Jensen | Viking Atletik | 10 | 10 | 10 | 9 | 39 |
| 2. | Christoffer Andersen | Viking Atletik | 9 | 9 | 9 | 10 | 37 |
| Drenge 14-15 (2005-2006) | | | | | | | |
| 1. | Johannes Jessen | Strandløberne | 10 | 10 | | 10 | 30 |
| 2. | Nikolaj Blom | Viking Atletik | | 9 | | 9 | 18 |
| Kvinder 16-17 (03-04) | | | | | | | |
| 1. | Freja Rasmussen | Viking Atletik | 10 | 10 | | 10 | 30 |
| 2. | Frida Kristensen | Viking Atletik | 9 | 9 | | 9 | 27 |
| 3. | Clara Espersen | Strandløberne | | | 10 | | 10 |
| Kvinder 20-29 (91-00) | | | | | | | |
| 1. | Miriam Sode | Viking Atletik | 10 | | | | 10 |
| 2. | Mathilde Helms Kjær | Viking Atletik | | | 10 | | 10 |
| 3. | Katharine Sribeiro | TIF | | | | 10 | 10 |
| 4. | Helene Grønbech | Nyvest Atletik | | | | 9 | 9 |
| Kvinder 30-34 (86-90) | | | | | | | |
| 1. | Louise Kowsky | TIF | 10 | 10 | | 10 | 30 |
| 2. | Line Schmidt | Viking Atletik | | | 10 | | 10 |
| 3. | Ditte Hasen | TIF | | | 9 | | 9 |
| Kvinder 35-39 (81-85) | | | | | | | |
| 1. | Nadja Holm | TIF | 10 | | 9 | | 19 |
| 2. | Ditte Dalsgaard Hansen | Viking Atletik | | | 10 | | 10 |
| Kvinder 40-44 (76-80) | | | | | | | |
| 1. | Monica Severin | Viking Atletik | 9 | 10 | 9 | 9 | 37 |

| | | | | | | | |
|----|----------------------|----------------|----|---|----|----|-----------|
| 2. | Ann-Cathrin Hulgaard | Viking Atletik | 10 | | 10 | 10 | 30 |
| 3. | Louise Pedersen | Viking Atletik | | 9 | | | 9 |
| 4. | Mille Granlyst | ASG | | 8 | | | 8 |
| 5. | Myra Holm | Viking Atletik | | | 8 | | 8 |
| 6. | Pernille Andersen | Viking Atletik | | | | 8 | 8 |

Kvinder 45-49 (71-75)

| | | | | | | | |
|----|---------------------|----------------|----|----|----|----|-----------|
| 1. | Lotte Helms | Viking Atletik | 10 | 10 | 10 | | 30 |
| 2. | Karina Weise Hansen | TIF | 9 | 9 | | 10 | 28 |
| 3. | Karina Juul Jensen | Viking Atletik | 8 | 8 | 9 | | 25 |
| 4. | Heidi Bidstrup | Viking Atletik | | | 8 | | 8 |

Kvinder 50-54 (66-70)

| | | | | | | | |
|----|--------------------|----------------|----|----|----|----|-----------|
| 1. | Sanne Landin | Nyvest Atletik | | 10 | 9 | 10 | 29 |
| 2. | Charlotte Bjørnhof | Nyvest Atletik | | 9 | 7 | 9 | 25 |
| 3. | Susan Gren | Viking Atletik | 10 | | | 8 | 18 |
| 4. | Lone Steen Bech | Nyvest Atletik | | 7 | 8 | | 15 |
| 5. | Tina Elleby | SÅN-Løberne | | | 10 | | 10 |
| 6. | Dorthe Kok Madsen | Nyvest Atletik | | 8 | | | 8 |

Kvinder 55-59 (61-65)

| | | | | | | | |
|-----|-------------------|----------------|----|----|----|----|-----------|
| 1. | Linda Mogensen | Strandløberne | 10 | 10 | 9 | 10 | 39 |
| 2. | Lissi Skovgaard | Strandløberne | 9 | 9 | 7 | | 25 |
| 3. | Kirsten Kyndesen | Nyvest Atletik | | 8 | 5 | 8 | 21 |
| 4. | Helle Westergaard | Strandløberne | | | 6 | 9 | 15 |
| 5. | Anni Møller | ØB-Atletik | | | 10 | | 10 |
| 6. | Anni Due | Nyvest Atletik | | 7 | 2 | | 9 |
| 7. | Lisbeth Fliis | ØB-Atletik | | | 8 | | 8 |
| 8. | Lene Bloch | ØB-Atletik | | | 4 | | 4 |
| 9. | Signe Kjøller | Strandløberne | | | 3 | | 3 |
| 10. | Birgitte Nielsen | ØB-Atletik | | | 1 | | 1 |

Kvinder 60-64 (56-60)

| | | | | | | | |
|----|--------------|----------------|----|----|----|----|-----------|
| 1. | Helle Buus | ØB-Atletik | 10 | 10 | 10 | 10 | 40 |
| 2. | Conny Hansen | Viking Atletik | | 9 | 9 | 9 | 27 |

Kvinder 65-69 (51-55)

| | | | | | | | |
|----|------------------|----------------|----|----|----|----|-----------|
| 1. | Kirsten Olsen | Strandløberne | 9 | 9 | 9 | 10 | 37 |
| 2. | Miriam Asvarisch | Viking Atletik | 10 | 10 | 10 | | 30 |
| 3. | Bente Kofoed Dam | Strandløberne | 8 | 7 | | | 15 |
| 4. | Evy Larsen | Strandløberne | 6 | 6 | | | 12 |
| 5. | Mie Christensen | Strandløberne | 7 | 4 | | | 11 |
| 6. | Lone Glud | SÅN-Løberne | | 8 | | | 8 |
| 7. | Rie Dick | Strandløberne | | 5 | | | 5 |

Kvinder 70-74 (46-50)

| | | | | | | | |
|----|--------------------|----------------|----|----|----|----|-----------|
| 1. | Aase Holm | SÅN-Løberne | 10 | 9 | 10 | 9 | 38 |
| 2. | Irene Pedersen | Nyvest Atletik | 9 | | | 10 | 19 |
| 3. | Lone Brandt | Strandløberne | | 10 | | | 10 |
| 4. | Jeanette Rosendahl | Viking Atletik | | | 9 | | 9 |

Mænd 16-17 (03-04)

| | | | | | | | |
|----|--------------------------|----------------|--|----|----|----|-----------|
| 1. | Rasmus Hansen | Viking Atletik | | 10 | 10 | 10 | 30 |
| 2. | Nicolai Müller Mortensen | Nyvest Atletik | | | 9 | | 9 |

Mænd 18-19 (01-02)

| | | | | | | | |
|----|------------------|----------------|----|----|----|----|-----------|
| 1. | Kasper Mortensen | Nyvest Atletik | 10 | 10 | 10 | 10 | 40 |
| 2. | Rasmus Aakjær | Nyvest Atletik | 9 | 9 | 9 | 9 | 36 |

Mænd 20-29 (91-00)

| | | | | | | | |
|----|----------------------|----------------|----|----|----|----|-----------|
| 1. | Lasse Hansen | Viking atletik | 10 | 9 | 9 | 9 | 37 |
| 2. | Nikolaj Mortensen | Nyvest Atletik | 9 | 8 | 7 | 7 | 31 |
| 3. | Alex Mogensen | SÅN-Løberne | | 10 | 10 | 10 | 30 |
| 4. | Jacob Kirkeby | Nyvest Atletik | | | 8 | | 8 |
| 5. | Valdemar N. Petersen | Viking atletik | | | | 8 | 8 |
| 6. | Mads Jensen | Viking atletik | | | 6 | | 6 |

Mænd 30-34 (86-90)

| | | | | | | | |
|----|---------------------|----------------|----|----|----|----|-----------|
| 1. | Jørgen Ole Trasborg | Viking Atletik | 10 | 10 | 10 | 9 | 39 |
| 2. | Jesper Johansen | Viking Atletik | | | | 10 | 10 |

Mænd 35-39 (81-85)

| | | | | | | | |
|----|-----------------------|----------------|----|----|----|----|-----------|
| 1. | Claus Svendsen | BVI | 10 | 10 | | | 20 |
| 2. | Michael Landberg | TIF | | | 9 | 10 | 19 |
| 3. | Troels Thøgersen | Viking Atletik | | | 8 | 9 | 17 |
| 4. | Philip Holm | TIF | | | 10 | | 10 |
| 5. | Michael Elleby | Viking Atletik | 9 | | | | 9 |
| 6. | Flemming Munch Hansen | Viking Atletik | | | | 8 | 8 |

Mænd 40-44 (76-80)

| | | | | | | | |
|----|-----------------|----------------|----|--|----|----|-----------|
| 1. | Michael Pihl | Viking Atletik | 10 | | | | 10 |
| 2. | Mads Jensen | Viking Atletik | | | 10 | | 10 |
| 3. | Andreas Blom | Viking Atletik | | | | 10 | 10 |
| 4. | Morten Gebhardt | Viking Atletik | | | 9 | | 9 |

Mænd 45-49 (71-75)

| | | | | | | | |
|----|------------------------|----------------|----|----|----|----|-----------|
| 1. | Mogens Jessen | Strandløberne | 10 | 9 | 6 | 6 | 31 |
| 2. | Andreas Blom | Viking Atletik | 9 | 10 | | | 19 |
| 3. | Andreas Bøgsted Møller | Viking Atletik | | | 9 | 9 | 18 |
| 4. | Jimmi Arvidsen | TIF | | | 7 | 10 | 17 |
| 5. | Ronnie Hansen | TIF | | | 8 | 7 | 15 |
| 6. | Mikkel Kjær | TIF | | | 10 | | 10 |
| 7. | Bjørn Truelsen | Viking Atletik | | | | 8 | 8 |

Mænd 50-54 (66-70)

| | | | | | | | |
|----|----------------------|----------------|----|----|----|----|-----------|
| 1. | Torben Bille | Viking Atletik | 10 | 10 | | 10 | 30 |
| 2. | Konrad Mortensen | Nyvest Atletik | 8 | 8 | | 6 | 22 |
| 3. | Jens Gregersen | Nyvest Atletik | | | 10 | 8 | 18 |
| 4. | Lars Erik Aakjær | Nyvest Atletik | | 9 | | 9 | 18 |
| 5. | Martin Sode | Viking Atletik | 9 | | 7 | | 16 |
| 6. | Kim Rasmussen | TIF | | | 9 | 7 | 16 |
| 7. | Jürgen Schwarzenburg | TIF | | | 8 | | 8 |
| 8. | René Knudsen | Nyvest Atletik | 7 | | | | 7 |

Mænd 55-59 (61-65)

| | | | | | | | |
|-----|---------------------|----------------|----|----|----|----|-----------|
| 1. | Renè Hansen | Viking Atletik | 9 | 9 | | 9 | 27 |
| 2. | Jørn Koefoed | SÅN-Løberne | 7 | 6 | 9 | | 22 |
| 3. | Søren Clausen | ØIF | 10 | 10 | | | 20 |
| 4. | Flemming Mogensen | ØB-Atletik | | | 10 | 8 | 18 |
| 5. | Leo Skovgaard | Strandløberne | 8 | 8 | | | 16 |
| 6. | Kim Kristensen | TIF | | 7 | 8 | | 15 |
| 7. | Jørgen Kirkeby | Nyvest Atletik | | | 6 | 6 | 12 |
| 8. | Peter Hauge Madsen | Viking Atletik | | | | 10 | 10 |
| 9. | Per Hannesgaard | SÅN-Løberne | | | 7 | | 7 |
| 10. | Michael Christensen | TIF | | | | 7 | 7 |
| 11. | Ole Geismar | ØB-Atletik | | | 5 | | 5 |
| 12. | Michael Ovesen | Viking Atletik | | | | 5 | 5 |

Mænd 60-64 (56-60)

| | | | | | | | |
|----|---------------------|----------------|----|----|----|----|-----------|
| 1. | Benny Holm | Viking Atletik | 10 | 10 | 9 | | 29 |
| 2. | Kim Ole Kowsky | SÅN-Løberne | 9 | 9 | | 8 | 26 |
| 3. | Bjarne Kristiansen | Viking atletik | 7 | 7 | 8 | | 22 |
| 4. | Gert Helmersen | Viking Atletik | | | 10 | 10 | 20 |
| 5. | Hans Hansen | Viking Atletik | | | | 9 | 9 |
| 6. | Carsten Andreasen | Viking Atletik | 8 | | | | 8 |
| 7. | Søren Dam | ØB | | 8 | | | 8 |
| 8. | Søren Søborg-Madsen | Viking Atletik | | | 7 | | 7 |
| 9. | Carsten Holm | Strandløberne | | | | 7 | 7 |

Mænd 65-69 (51-55)

| | | | | | | | |
|----|-----------------|----------------|----|----|----|----|-----------|
| 1. | John Berlin | Nyvest Atletik | 8 | 8 | 10 | 10 | 36 |
| 2. | Bendt Jørgensen | ØB | 10 | 9 | | | 19 |
| 3. | John K. Street | Viking Atletik | 9 | 10 | | | 19 |

Mænd 70-74 (46-50)

| | | | | | | | |
|----|---------------|---------------|--|----|--|--|-----------|
| 1. | Jørn Erichsen | Strandløberne | | 10 | | | 10 |
|----|---------------|---------------|--|----|--|--|-----------|

Mænd 75-79 (41-45)

| | | | | | | | |
|----|------------|-------------|----|----|----|----|-----------|
| 1. | Thor Kofod | SÅN-Løberne | 10 | 10 | 10 | 10 | 40 |
|----|------------|-------------|----|----|----|----|-----------|